

Item No. 5	Classification: Open	Date: 2 March 2016	Meeting Name: Healthy Communities Scrutiny Sub-Committee
Report title:		Joint Southwark Mental Health Strategy: update on progress	
Ward(s) or groups affected:		All Electoral wards	

BACKGROUND INFORMATION

1. In December 2015 Cabinet considered the findings of the Southwark Mental Health Social Care Review. It accepted the recommendation that the Council bring into place with NHS Southwark Clinical Commissioning Group (CCG) a Joint Mental Health Strategy.
2. The Chair of the Healthy Communities Sub-Committee requested information about progress made in relation to establishing this Joint Mental Health Strategy, to inform a joint review being undertaken by Education & Children's Services sub-committee and the Healthy Communities Scrutiny Sub-Committee.
3. On 23 February 2016, the Education & Children's Services Scrutiny Sub-Committee considered the Southwark Children and Young People's Mental Health and Well-being Transformation Plan 2015-2020.
4. NHS England required CCGs to submit these transformation plans in relation to local children and young people mental health services. Within these plans the local strategy in relation to children and young people and mental health is expected to be set out, taking into account the national mental health strategy, No Health Without Mental Health (2011) and also Future in Mind (2015).
5. Southwark NHS CCG worked in partnership with Southwark Council to prepare this local Transformation Plan, with input from South London & Maudsley NHS Mental Health Foundation Trust and other key stakeholders, including education, youth offending and children's social care. It also took into account the key messages from consultation with young people on mental health and wellbeing. The final version of this Transformation Plan was approved by NHS England on 18 December 2015. It contains the basis of the mental health strategy in relation to children and young people's mental health and well-being and it is intended to link strongly with the overall joint strategy.
6. This report is intended to brief the Healthy Communities Sub-Committee of progress to date on establishing terms for the development the Joint Mental Health Strategy and contribute to setting the scene for a roundtable discussion at the Sub-Committee meeting, so this can inform the Joint Mental Health Strategy development.
7. Council and Southwark CCG officers have scoped out key areas to be addressed in the joint mental health strategy, so that a set of priorities can be tested through the process of consultation. This scoping has been informed by the work of

Southwark & Lambeth Public Health Department's work on the Mental Health Joint Strategic Needs Analysis (JSNA) and the Children & Young people's JSNA, the work of the Mental Health & Parity of Esteem Board, and the findings of the Southwark Mental Health Social Care Review. The proposed strategic priorities to test are:

- **Protection, promotion and prevention**
The delivery of effective, evidence-based, targeted mental health promotion through Public Health programmes, including mental health and emotional wellbeing in schools and colleges, community-based resilience programmes and peer/self-management programmes to more vulnerable citizens in the general population. The focus here is on prevention and self care;
- **Primary mental health care**
The local development of mental health primary care integrated to social care, with secondary care so that step down and step up to secondary care mental health services is achieved. Mental health and social care service delivery through Local Care Networks will require stronger shared care arrangements with primary care. The focus here is community-based service delivered in local neighbourhoods with less reliance on acute hospital care;
- **Better delivery of care for long-term conditions**
Delivering more effective community crisis resolution, home treatment and peer support so that those who experience longer term mental health conditions maintain their tenure in the community. The focus here is on increasing quality of life and reducing demand for hospital and intermediate care;
- **Further development of the Southwark Dementia Strategy**
To continue to improve dementia care pathway for individuals and families in Southwark and drive forward work to make Southwark a Dementia Friendly Borough. The focus here is on increasing understanding of dementia and care at home;
- **Further develop a Children and Young People's Emotional Wellbeing Strategy**, with a specific focus on key vulnerable groups of children and young people, including looked after children (children in care); children and young people with neurological conditions; and children and young people in contact with the criminal justice system. Schools to be at the centre of this development. Focus here on resilience and safety, including understanding and responding to self-harming behaviours.
- **Focus on better responses to complex needs** related to presence of mental health needs and substance misuse.

8. There are a number of important perspectives to consider to ensure the strategy is developed comprehensively, including:

- Mental health promotion;
- Mental illness primary and secondary prevention;
- Treatment, recovery and intervention;

- User experiences of treatment and support, including peer support, personalisation and self-management;
 - Carer and family perspectives;
 - Anti-stigma;
 - Parity of Esteem and addressing health inequalities;
 - Service capacity and access;
 - Safety and crisis care;
 - Community support models and their role in delaying or avoiding hospital admission.
 - Impact of austerity on mental and physical health to what extent this can be mitigated through mental health service design.
9. An invitation to tender (ITT) has been developed to invite expressions of interest from suitably experienced and qualified provider organisations to assist Southwark CCG and Council with the development of this joint mental health strategy. This will enable Southwark CCG and Council to have dedicated resources to engage and consult key stakeholders; to collate already existing information sources; assess the impact of national, regional and local priorities and other strategies, including the Southwark Five Year Forward View; and draft a joint strategy with an implementation programme to bring about required changes. Shortlisted providers will be interviewed about the methodology to be deployed to deliver a comprehensive mental health strategy to bring about improvement in mental health and wellbeing in the borough and how this will be measured.
10. Work is currently being undertaken to establish sufficient governance arrangements around the development of this strategy, to ensure that there are clear accountability and reporting lines to Council and CCG, and representation in a Reference Group to ensure that the strategy is comprehensive and addresses key areas to bring about improvement of mental health and wellbeing across Southwark.

Background Papers	Held At	Contact
Southwark Mental Health Social Care Review http://moderngov.southwark.gov.uk/mgChooseDocPack.aspx?ID=5142 (Look at Public reports pack - Item 11)	Southwark Council	Dick Frak, Interim Director of Commissioning

<p>Southwark Children & Young People Mental Health Strategy and Wellbeing Transformation Plan 2015-2020</p> <p>http://www.southwark.gov.uk/site/scripts/google_results.php?q=Southwark+Children+%26+Young+People+Mental (Look at 3rd Link down - Southwark Children's and Young People)</p>	NHS Southwark CCG	Carol- Ann Murray Senior Commissioning Manager
<p>NHS Southwark CCG (2015) AMH Transformation: Adult Mental Health Services 2015-2018.</p>	NHS Southwark CCG	Rabia Alexander, Head of Mental Health
<p>Southwark Five Year Forward View 2016/17 to 2020/21 http://moderngov.southwark.gov.uk/ie/ListDocuments.aspx?CId=365&MId=5219&Ver=4 (Look at Agenda reports pack then Public Reports Pack – Item 11)</p>	NHS Southwark CCG	Mark Kewley, Director of Transformation,

REFERENCES

1. HM Government (2011) No health without mental health: A cross government mental health outcomes strategy for people of all ages
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/213761/dh_124058.pdf
2. Department of Health/NHS England (2015) Future in mind: Promoting, protecting and improving our children and young people's mental health and well being
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf
3. HM Government (2014) Mental Health Crisis Care Concordat: Improving outcomes for people experiencing mental health crisis
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/281242/36353_Mental_Health_Crisis_accessible.pdf

AUDIT TRAIL

Cabinet Member	Councillor Stephanie Cryan, Adult Care and Financial Inclusion	
Lead Officers	David Quirke-Thornton, Strategic Director Children's and Adults' Services Andrew Bland, Chief Operating Officer, NHS Southwark CCG	
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Key Decision	No	
CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER		
Officer Title	Comments Sought	Comments Included
Director of Legal Services		No
Strategic Director of Finance and Corporate Services		No
Cabinet Member	No	No
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